

NARAYANA COLLEGE OF NURSING

CHINTHAREDDYPALEM,NELLORE

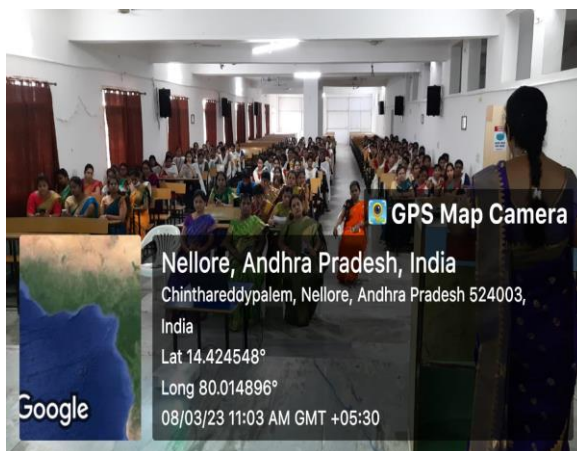
NSS REPORTS 2022

WOMEN'S DAY:

NSS unit of Narayana College of Nursing also celebrated International Women's Day on 8th March, 2023 as a part of which different activities like poem writing and quiz was organized for increase motivation and confidence of students. Students were participated actively in quiz and poem writing related to women empowerment and were evaluated by the judges. The students who participated in the event exhibit their thoughts and beliefs on women empowerment with creativity. The Program started at 12pm with a prayer song, continued with welcome song and welcome address. Then the program was initiated with lamp lighting by the dignitaries. Dr.Indira. A Principal motivated the students about women empowerment and gender equality. Prof. Vanaja Kumari.B, Vice-principal, Narayana College of Nursing, endorsed the programme by sharing her perspectives on women's issues. Around 250 students are took part in the program. Students participated actively and stated their opinions. The programme concluded with a vote of thanks and the national anthem.



Prayer song and welcome dance performed by the students



Prof. B.Vanaja kumari has giving speech about women's to students



Prize distribution

Swachh Bharath

Narayana College of Nursing initiated a step ahead with NSS unit of Narayana College of Nursing conducted Swachh Bharath program on 15.03.2022. It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh Bharat Mission campaign achieved encouraging results. It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases.



Before and after cleaning the garden area



Before and after cleaning the garden area

WORLD HEALTH DAY

Narayana College of Nursing had conducted World health day under the NSS unit. The theme of World Health Day 2022 is "Our Planet, Our Health". This year's theme focuses on keeping humans and the planet healthy and also fostering a movement to create a society focused on well-being. The program was started at 4:00 PM in the auditorium of Narayana College of Nursing's 3rd floor with the participants of 200 student volunteers. The program started with a prayer song and welcome song by the students and welcome address by T.Ushakiran NSS PO, lamp lighting by the dignitaries. The program enlightened by Dr.Indira.A Principal and chairperson of the NSS cell spoken regarding theme of the World health day. All other HODs have spoken about the significance of World Health Day. Then the program continued with the prize distribution for the winners of the drawing competition and essay writing competition and a slide show was played by the IIBSc nursing students on the theme. The programme was concluded with a vote of thanks by T.Ushakiran NSS PO.



Fig: 1 Lamp lighting by all HOD and faculty



Fig: 2 Prize distribution for winners

NO TOBACCO DAY

The NSS Unit of our College has celebrated World No-Tobacco Day on 31/05/2022 with the association of Community health nursing department. Theme of this year was **"Threat to our environment"**. The program was conducted in Auditorium, III Floor, Narayana College of Nursing at 4pm. The program started with the prayer song and welcome song by II Year B.Sc. Nursing students. For all participants, a pretest was conducted. The programme is then forwarded by a welcome address and lamp lighting by dignitaries.

Prof. B. Vanaja kumari HOD of Community Health nursing, explained about the theme of the world No Tobacco day with PPT. Mrs. G. Pavithra, Mrs. T. Usha Kiran Associate Professor

NSS Program Officer ,Prof. ShanmugaVadivu HOD, Department of Pediatrics Nursing spoken about importance of world No Tobacco day. Post-test was conducted for all the participants. The program closed by giving vote of thanks and national anthem.



Power Point presentation on world No Tobacco day

Environmental day:

The NSS Unit of Narayana College of Nursing with the collaboration of Central bureau Commission, Government of India jointly celebrated “World Environment Day on 5th June-2022. World Environment Day has given our NSS volunteers an opportunity to widen their vision, attitudes and commitments in the area of environmental preservation and enhancement.



Speech by the guest

BLOOD DONOR DAY

Narayana College of Nursing's National Service Scheme (NSS) unit organized World Blood Donor Day on June 14, 2022, with the support of Narayana General Hospital's blood bank. The programme started at 09.30 a.m. and continued until the 4.30 p.m. All the students as well as Faculty gave an excellent response for the Blood Donation Camp. The NSS Program Officer took all the necessary precautions to provide complete safety to the donors. Around 25 students donated blood to the blood bank. After donation, the participants were given refreshment and blood donation certificate.



Donating blood

INTERNATIONAL YOGA DAY:

The auspices international yoga day celebrated under the NSS Unit of Narayana College of Nursing on 21-06- 2023. The program began at 7.00 a.m. in the college premises. The program started with a brief introduction on Yoga Day by Prof. B.Vanaja Kumari, and warm up exercises were done. Yoga and Surya Namaskar have great importance in the intellectual, mental and physical development of a person. The program started with Surya Namaskar. About 50 students enthusiastically participated in this program. Event was very beneficial for participants which promotes them to do yoga to improve strength, balance and flexibility. Everyone actively participated in performing yoga as instructed. The session ended at 8am with savasanam.

WORLD POPULATION DAY

NSS Cell unit has organized awareness program on world population Day on 11 July 2022 between 4PM -6 PM in III Floor Auditorium at Narayana College of Nursing, Nellore. The program was coordinated with Community Health Nursing department. The program was

inaugurated by Dr. A. Indira dean of NNC, Principal. A total of 100 Students were participated in the population Day.

The program was started at 4 pm with the welcome address and followed by lamp lighting by the dignitaries. Then the program enlighten by Prof .B. Vanaja kumari HOD of Department Community Health Nursing presentation on World Population Day. The programme was then followed by a video presentation on population expansion and its consequences. The programme was then expanded with a skit about population awareness. The programme concluded with Mrs. J.D. Shiny swarupa's vote of thanks and the distribution of snacks to all participants.



Prof B. Vanaja Kumari presenting population explosion

SWACHH BHARATH

Narayana College of Nursing initiated a step ahead with NSS unit of Narayana College of Nursing conducted Swatch Bharath program on 17.07.2022. NSS volunteers and Program Officer were participated in Swatch Bharath program by taking the Swatch Bharath- swatch India oath. Chief Guest of the program was Dr. Indira A, Principal; Narayana College of Nursing gave speech on the importance of nationwide cleanliness initiative in the form of "Swatch Bharath Mission" focusing on improvement in cleanliness and hygiene in urban and rural areas, in work places and homes etc. The main purpose of this program was to create awareness among the students regarding Cleanliness and its benefits as a part of this Cleanliness Drive; we had to clean the whole college. Total 50 NSS volunteers were participated

in the programme. The Students were allotted specific area for cleaning and given 3 hours to do it. After completion of assigned work we asked them to gather in auditorium for refreshments.

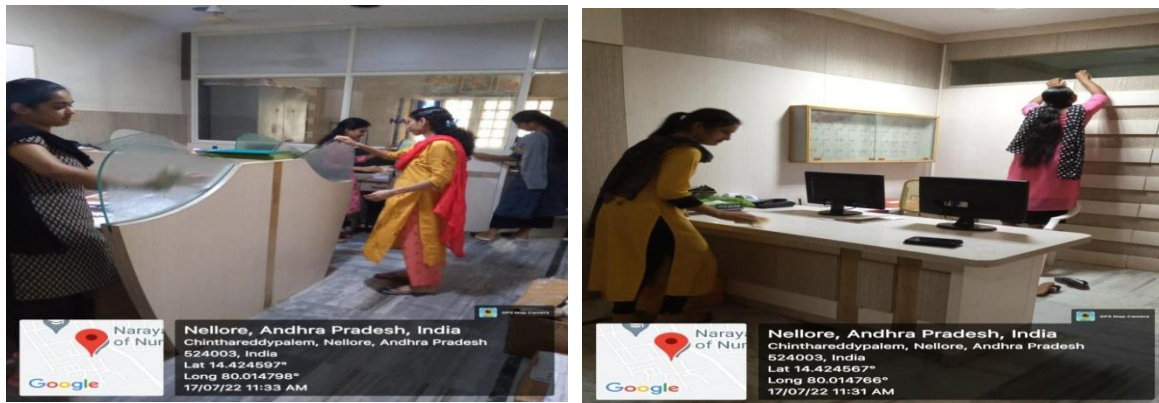


Fig 1&2: NSS volunteers cleaning the Narayana Nursing College Premises

Report on Breast Feeding Week celebrations from 01-08-2022 to 07-08-2022

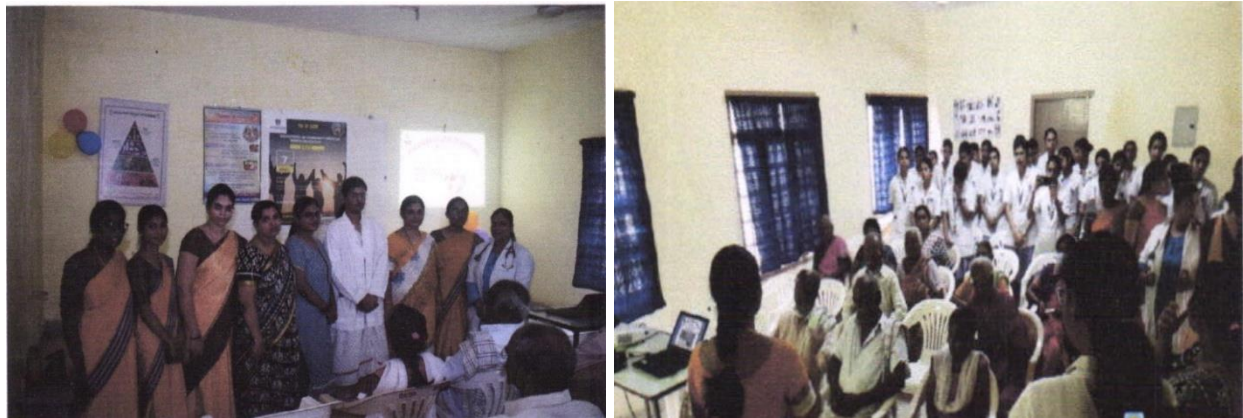
Theme: Step Up For Breastfeeding – Educate And Support''.

Narayana College of Nursing under NSS unit had celebrated breast feeding week from august 1st to 7th August. This year theme is "STEP UP for BREASTFEEDING – EDUCATE and SUPPORT". The breast-feeding week was celebrated in different areas for 7 days. The last day of breast-feeding week was celebrated at Narayana college of nursing auditorium on 07.08.22 between 12 – 01 pm. The program was started by prayer song by III B.Sc. (N) students and welcome song by III B.Sc. (N) students. Mrs. Pallavi Naik, NSS Officer welcome the gathering.

The chief guest of the program was Dr. Indira, Principal, Narayana college of nursing, Dr. Kumari. V, Vice Principal, HOD of Department OBG, Mrs. Vanaja Kumari, professor & HOD of community health nursing department, Mrs. A. Latha, professor & HOD, Medical Surgical Nursing department, were the dignitaries for the program. The chief guest and other dignitaries delighted the program by lamp lighting.

Speech was given by Dr. Kumari. V, Vice Principal, HOD of Department OBG and Mrs. Vanaja Kumari, professor & HOD of community health nursing department regarding importance of breastfeeding. The program was concluded by prize distribution and vote of

thanks given by Mrs. ShanmughaVadivu, HOD of Child Health Nursing. The program was ended with National Anthem.



Report On World Suicide Prevention Day

Theme: “Creating hope through action”- 10.09.2022

The NSS unit and Department of Mental Health Nursing of Narayana College of Nursing on the occasion of “World Suicide Day” with the theme of “Creating hope through action” participated in rally on 10.09.2022. World Suicide prevention Day brings together people from around the world to raise awareness about “Creating hope through action” and demonstrate international solidarity in the face of the pandemic.

Ms. Deepa Assoc. professor given Instructions regarding the Rally of the World Suicide and the treatment and care around the world. The rally started at 8am from Gandhi statue, near trunk road, the NSS unit Program officer and Hundred NSS volunteers participated in the rally. The rally was headed by police department of Nellore in association with Psychiatric society Nellore and Dr. Anand Reddy professor, psychiatry dept. and Dr. Seshamma professor and HOD, Psychiatry Department, ”with the slogan 1.BHAND KARO BHAND KARO SUICIDE KARNA BHAND KARO and 2.LIVE THE LIFE LEAVE THE SUICIDE and all participants of the program were followed the oath. The program ended with national anthem.



Fig 1 & 2 : Rally On World Suicide Day

REPORT ON WORLD HAND WASHING DAY

Theme: Unite for Universal Hand Hygiene

15/10/2022

Narayana College of Nursing NSS unit had initiated to celebrate the event. Dr. Indira A, Principal Narayana college of Nursing, Dr.V. Kumari vice principal(Academic) , Prof.B.Vanaja kumari, vice principal , HOD of Community nursing, Prof. A. Latha IQAC co-coordinator, HOD of Medical surgical nursing, Mrs. Vanaja kumari, and all other HODs and faculties were participated in the program. Program started at 12pm with a prayer song, continued with welcome song and welcome address. Then the program was initiated with lamp lighting by the dignitaries. Pre test was conducted to the participants about hand washing practices. Dr. Indira. A Principal enriched the student's knowledge by explaining the importance of hand hygiene. The program forwarded by a power point presentation by K. Madhavi latha NSS program officer. Total 98 students were participated and they actively involved in the program. Post test was conducted and then the program extended with vote of thanks and national anthem.



Fig 1: Lamp lighting by dignitaries



Fig 2 : Presentation by K. Madhavi latha

REPORT ON WORLD AIDS DAY

“The Equalize slogan is a call to action”- 01-12-2022

NSS unit and Department of Community Health Nursing of Narayana College of Nursing togetherly conducted AIDS DAY in Venkatachalam Mandal, Nellore 2. The total 100 people were participated in the program and the program continued with pre-test to all the participants. The program started at 10.30 am by a prayer song and welcome song by II Year B.Sc. Nursing students. Prof. B. Vanaja Kumari Vice- Principal, HOD of Department of Community Health Nursing, graced the program by delivering the importance on AIDS DAY and its theme. She explained about “Equalize” the slogan is a **call to action**. Mrs.K.Madhavi Latha NSS program Officer insisted on awareness on AIDS by Video Assisted Teaching. Then the program extended by Post test. The program came to an end at 12.30 pm with vote of thanks and national anthem.



Fig: 1 Speech By Prof Mrs. Vanaja Kumari
Students



Fig:2 Participant's And Msc (N)

REPORT ON INTERNATIONAL HUMAN RIGHTS DAY

Theme: Dignity, Freedom, And Justice For All- 17.12.2022

Narayana College of Nursing NSS unit had initiated to create awareness on this event. Dr. Indira A, Principal, Narayana college of Nursing, Dr.V. Kumari, Vice principal(Academic) , Prof. B. Vanaja Kumari, Vice principal , HOD of Community nursing, Prof. A. Latha IQAC co-coordinator, HOD of Medical surgical nursing and all other HODs and faculties were participated in the program. Program started at 12pm with a prayer song, continued with welcome song. The program followed by welcome address by Mrs. K.Madhavi Latha, NSS Program officer. Then the program was initiated with lamp lighting by the dignitaries. Pre test was conducted to the participants about Human rights day. Dr. Indira. A , Principal, orientated about the need of human rights for every individual and explained about role of nurse in application of human rights related to patient care. The program forwarded by Prof.Mrs.Vanaja Kumari, HOD of Community nursing.Total 50 students were participated in the program. Students were actively involved and enhanced their knowledge. Post test was conducted. The program came to an end with vote of thanks and national anthem.

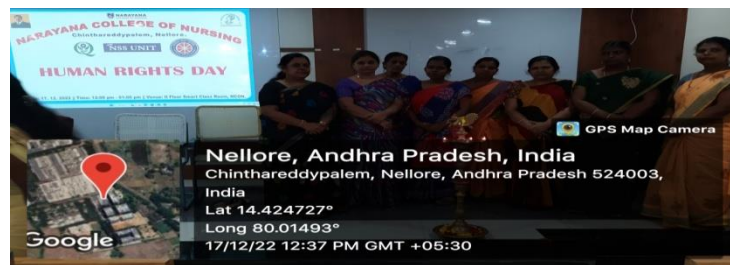


Fig 1: Lamp lighting by Dignitaries.



Fig 2: Speech given by prof. Vanaja Kumari

REPORT ON NSS VOLUNTEERS MEETING

15.12.2022

From all 4 yrs of Nursing Students Narayana College of Nursing NSS unit organized a meeting on 15-12-2022 at 12 to 1 Pm . About 100 volunteers had participated in this meet. Program started at 12pm with a prayer song, continued with welcome song. The program Commenced with welcome address by Mrs. K.Madhavi Latha, NSS Program officer. Then the program was initiated with lamp lighting by the dignitaries. The meeting was conducted under the guidance of Dr. Indira.A. The program enlighten by Mrs. K.Madhavi Latha , NSS Program Officer oriented about the objectives of NSS. The program officer discussed regarding list of programmes to be done in the upcoming days and encouraged the volunteers to share their ideas. The program came to an end with vote of thanks and National anthem.

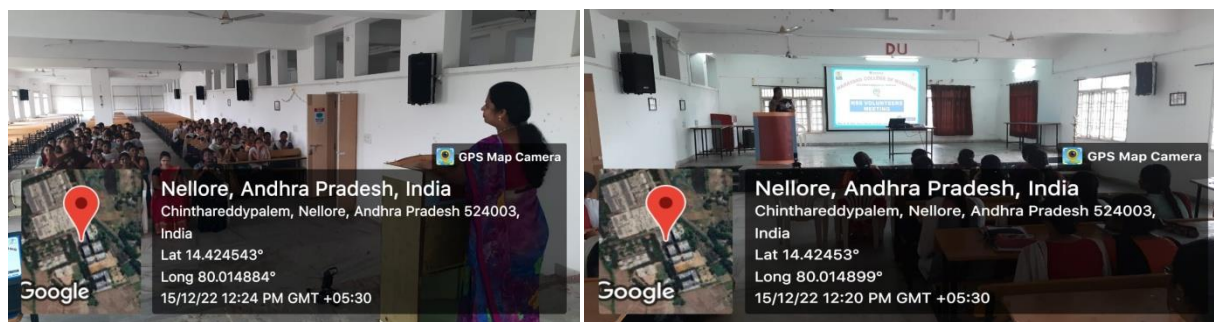


Fig 1& 2: the NSS officer giving orientation about objectives of NSS